



KATA SEMINAR WITH OLYMPIAN SAKURA KOKUMAI



HOSTED BY:
COLORADO BUDOKAN
@
COLORADO SCHOOL OF MINES
VOLK GYMNASIUM
WRESTLING ROOM
1400 ILLINOIS STREET
GOLDEN, COLORADO

WEDNESDAY
OCT. 4TH
6:30-8:30 PM

INFORMATION
720-253-7473

coloradobudokan.com

SAKURA KOKUMAI



PROFILE

I started karate at the age of 7 in Honolulu, Hawaii. I made the U.S. Junior National Team when I was 14 and have been representing the country ever since. When I was younger, I just loved being around people in the dojo and loved traveling to international events with my teammates. As I got older, I started to set bigger goals for myself as an athlete and fell in love with the sport all over again. To pursue my Olympic dream, I moved to California to stay with a host family, so I could be a full time athlete. I became the first American to qualify for the Olympics and also the only female athlete that represented Karate from the US at the 2020 Tokyo Olympics. Now I am focusing on sharing my experience and knowledge by giving seminars and speeches across the US and also around the world.

RESULTS

- Tokyo 2020 Summer Olympics Team USA Karate Athlete (5th place)
- Member of USA Karate National Team since 2007
- World Bronze Medalist
- 2019 Pan American Games Gold Medalist
- 10x Senior Pan American Champion
- 12 x USA National Champion (Senior)
- World Combat Games Bronze Medalist

- 4x Junior Pan American Champion
- 4x USA National Champion (Junior)
- Junior and Cadet World Championships Silver Medalist

- Karate Kid Musical, Karate Consultant

EDUCATION

Doshisha University (Kyoto) B.A. , Waseda University (Tokyo) M.A.

SOCIALS

Instagram: @sakurakokumaikarate / Facebook: @sakurakokumaikarate



KATA SEMINAR

RELEASE AGREEMENT - READ CAREFULLY BEFORE SIGNING

I understand that karate is a very dangerous martial art involving forceful physical contact, that it is likely to incite aggressive behavior which is beyond the control of Colorado Budokan ("CB"), Colorado School of Mines ("CSM"), and Kata Seminar ("KS"), that severe injuries or death may result from my participation in the activities of this martial art, and I fully and knowingly accept these risks. I therefore release CB, CSM, KS their officers, agents, and employees, and any and all volunteers or paid instructors from any and all liability, now and in the future, arising from or in connection with the activities of and concerning CB, CSM, and KS.

Further, I understand that any medical treatment given to me will be of a first aid treatment type only.

Further, I certify that I am physically and emotionally sound, have medical approval to proceed with rigorous exercise, including physical contact, and assume full responsibility for my own well-being.

Further, I hereby waive any and all rights I may have to bring any legal action against CB, CB member, CB representative, CSM student, CSM representative, KS, KS participant, or anyone else in connection with any injury I may suffer as a result of my participation in Kata Seminar ("KS").

Further, I release CB, CSM, and KS from any and all liability, which would, could, or might arise from any act of omission on its part in connection with CB, CSM, and KS.

Further, I understand no part of this KS may be video recorded, reproduced, stored in, introduced into a retrieval system or transmitted in any form, or by any means (electronic, mechanical, photocopying, recording, or otherwise), without the prior written permission of Colorado Budokan.

If under 18 years of age, the approval of a parent or legal guardian is required. I have read and understood the above.

(Print Name) (Signature) (Date)

(Print Name) (Signature of Parent/Guardian) (Date)

Seminar Fee: \$85.00

Method of Payment:

Cash _____ Check# _____ Credit/Debit Card _____

Please Circle: Visa MC Discover AMEX

Card# _____ Exp. _____ CVC _____

Cardholder Name: _____



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We also accept payments via ZELLE and Venmo. Colorado Budokan, LLC., 720-253-7473

PLEASE EMAIL YOUR FORM AND SUBMIT PAYMENT BY MONDAY, OCTOBER 2, 2023

colorado.budokan.denver@gmail.com

THANK YOU



venmo

Directions to Colorado School of Mines – Volk Gymnasium

From Denver (via I-70):

West on **I-70**, pass Kipling, pass Ward Road, take next exit west on **Highway 58** (exit 265, marked Golden, Central City, Colorado School of Mines), exit at **Washington Avenue**, left on **Washington Avenue**, right on **13th Street**, left on **Maple**. Enter the building - 1st driveway on the left next to the **Fieldhouse**.

From Denver (via 6th Avenue):

West on **6th Avenue**, pass I-70 West exit, pass Colfax, turns into **Highway 6**, right at the second stop light (**19th Street**), left on **Illinois**, left on **13th Street**, left on **Maple**. Enter the building - 1st driveway on the left next to the **Fieldhouse**.

From Colorado Springs:

North on **I-25** to Denver, west on **Highway 470** (exit 194 to Grand Junction), pass Highway 285, immediately after the sign marked US 6/6th Avenue, take **I-70 west** (left 2 lanes), take **6 West/6th Avenue West** (left 2 lanes), right at 19th Street (second stop light). left on **Illinois**. left on **13th Street**, left on **Maple**. Enter the building - 1st driveway on the left next to the **Fieldhouse**.

From Fort Collins:

South on **I-25** to Denver, west on **Highway 76** (Exit 216B to Arvada/Grand Junction), west on **I-70**, pass Kipling, pass Ward Road, take next exit west on **Highway 58** (exit 265, marked Golden, Central City, Colorado School of Mines), exit at **Washington Avenue**, left onto Washington Avenue, right on **13th Street**, left on **Maple**. Enter the building - 1st driveway on the left next to the **Fieldhouse**.

